

Start and Share	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Crackling Sirloin Steak Bites	X					X		X		X	X	X	
Hot Lobster Dunk	X					X	X	X	X	X	X	X	
Breaded Pickles	X					X		X	X	X	X	X	
Crispy Panko Shrimp	X					X	X	X	X		X		May contain traces of sulphites
Sweet Heat Panko Shrimp	X					X	X	X	X		X		
Poutine	X				X	X		X		X	X	X	May contain sesame, mustard
Shrimp Stuffed Shrooms		X				X	X	X		X	X		
Mikes Spin Dip	X		X	X	X	X	X	X	X	X	X	X	May contain soy, seafood, peanuts , tree nuts egg, mustard, sesame
Fresh Tomato Bruschetta					X	X		X	X	X			May contain soy and sesame seeds
Honey Garlic Wings	X					X		X					
Salt & Pepper Wings – no dip	X					X							
Sweet Heat Wings – no dip	X					X							
Hot Wings – no dip	X					X							
Chipotle Ranch – wing dip						X				X		X	
Nashville Chicken Bites	X					X		X	X	X		X	
Yam Fries	X								X	X		X	
Salads	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Caesar Salad						X	X	X	X	X	X	X	
BBQ Steak Salad	X	X				X		X		X	X	X	May contain wheat

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Cajun Chicken Cascadia Salad		X	X	X		X				X	X	X	May contain traces of peanuts
Cascadia Salad			X	X		X				X	X	X	May contain traces of peanuts
Garden Salad			X	X		X					X		May contain peanuts & tree nuts
Grilled Chicken Caesar Salad		X				X	X	X	X	X	X	X	
Kickass Chicken Salad	X	X	X	X		X				X	X	X	May contain peanuts
Mikeburgers (burger only)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Bacon Mikeburger		X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Bacon Mushroom Mikeburger		X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Classic Mikeburger		X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Mushroom Mikeburger		X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Lodgeburgers (burger only)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Lodgeburgers		X			X	X		X	X	X	X	X	May contain sesame
All Canadian Lodgeburger		X			X	X		X	X	X	X	X	May contain sesame
BBQ Lodgeburger		X			X	X		X	X	X	X	X	May contain sesame
Buns (sandwich only)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Mikes Steak Sandwich		X		X	X	X		X		X		X	May contain tree nuts, sesame
Rib Eye Steak Dip		X		X	X	X		X	X	X	X		May contain tree nuts, sesame
Skookumchuck Chicken Burger	X	X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Plant Power Burger		X			X	X		X					May contain sesame

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Nashville Hot Chicken Sandwich	X				X	X		X	X	X	X	X	
Gluten Free Bun only plain		X							X				May contain sesame
Steaks & Protein (add sides)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
7 oz Sirloin		X								X			Steak with butter & seasoning. Does not include side or vegetable
14 oz Rib Eye		X								X			Steak with butter & seasoning. Does not include side or vegetable
8 oz New York		X								X			Steak with butter & seasoning. Does not include side or vegetable
7 oz Filet Mignon		X								X	X		Steak with butter & seasoning. Does not include side or vegetable. Includes bacon peppercorn sauce
Sides	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Traditional Steak Side										X			Does not include vegetable
Gaucho Steak Side	X							X		X	X		Does not include vegetable
Keto Steak Side										X			Does not include vegetable
Cheesy Garlic Bread				X	X	X		X		X			May contain tree nuts, sesame
Baked Potato (loaded)										X			
Baked Potato (plain)													
Chimichurri											X		
Double Stuffed Baked Potato										X			
Fries	X					X		X					May contain soy
Garlic Toast		X		X	X	X		X		X	X	X	May contain tree nuts, sesame
Gravy						X		X					
Onion Rings	X							X		X			

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Roasted Garlic Mashed Potatoes										X			
Yam Fries	X								X	X		X	
Steak Toppers	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Cheesy Lobster Mac				X		X	X	X	X	X	X		May contain tree nuts & sulphites
Garlic Parmesan Fries	X							X		X			
Oscar's Lobster and Seafood Topper						X	X	X	X	X	X		May contain sulphites
Panko Shrimp	X					X	X	X	X		X		
Peppercorn Mushroom Sauce						X				X	X	X	
Garlic Sautéed Mushrooms						X				X	X	X	
Add Lobster Tail							X			X	X		
Add Prawns							X			X			
Smuggler's Cove Topper							X			X	X		
Mains	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Oscar's Sirloin Lobster	X	X				X	X	X	X	X	X		May contain sulphites
Shrimpin' Sirloin	X	X				X	X	X	X	X	X		May contain sulphites
Shrimpin' Sirloin Sweet Heat	X	X				X	X	X	X	X	X		May contain sulphites
Sirloin & Lobster Mac	X	X		X		X	X	X	X	X	X		May contain tree nuts and sulphites
Smuggler's Cove Sirloin	X	X				X	X	X		X	X		
Bugaboo Ribs	X	X		X	X	X		X	X	X	X	X	May contain tree nuts and sesame
Chicken and Bugaboo Ribs	X	X		X	X	X		X	X	X	X	X	May contain tree nuts and sesame

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Smuggler's Cove Chicken		X				X	X			X	X		Does not include side vegetable
Oven Roasted Salmon						X	X		X			X	Does not include side vegetable
Pasta & Bowls	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Mac n Cheese				X		X		X	X	X	X		May contain tree nuts & sulphites
Mac n Cheese add Bacon				X		X		X	X	X	X		May contain tree nuts & sulphites
Mac n Cheese add Cajun Chicken		X		X		X		X	X	X	X		May contain tree nuts & sulphites
Mac n Cheese add Lobster and Seafood				X		X	X	X	X	X	X		May contain tree nuts & sulphites
Cajun Chicken Fettuccine						X		X	X	X	X		May contain eggs
Cajun Chicken Fettuccine Lunch Size with Salad			X	X				X	X	X	X	X	May contain eggs, peanuts & tree nuts
China Town Stir Fry - Chicken					X	X		X	X		X		
Chinatown Stir Fry - Prawn					X	X	X	X	X		X		
Chinatown Stir Fry - Sirloin					X	X		X	X		X		
Peppercorn Sirloin Pasta				X		X		X		X	X	X	May contain tree nuts
Seafeast Fettuccine			X	X		X	X	X	X	X	X		May contain tree nuts & peanuts
Ahi Tuna Poke Bowl					X	X	X	X			X	X	
Butter Chicken Bowl with Sautéed Chicken			X	X	X	X		X	X	X	X	X	May contain traces of peanuts, tree nuts, eggs, soy & sesame
Crispy Butter Chicken Bowl	X				X	X		X	X	X	X	X	
Soup of Today													Please confirm with server based on selection of the day
French Onion Soup					X	X		X	X	X			May contain traces of sesame, egg
Casual Favourites	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Crispy Panko Shrimp Tacos	X	X	X	X		X	X	X	X		X	X	May contain traces of peanuts & tree nuts
Grilled Chicken Tacos	X	X	X	X	X			X	X	X	X		May contain traces of peanuts, sesame & tree nuts

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Crispy Chicken Tacos	X	X	X	X		X		X	X	X	X	X	May contain traces of peanuts & tree nuts
Fish and Chips	X					X	X	X	X	X	X	X	
Grilled Chicken Quesadilla		X	X	X		X		X		X	X		May contain traces of peanuts & tree nuts
Tenders and Fries	X					X		X	X	X	X	X	May contain egg, sulphites & mustard
Kids Meals	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Cheese Quesadilla w/ fries	X	X				X		X		X	X		May contain soy & sulphites
Cheese Quesadilla w/ veggies		X				X		X	X	X	X	X	May contain soy & sulphites
Chicken Tenders & Fries	X					X		X	X	X	X	X	May contain egg, sulphites & mustard
Chicken Tenders & Veggies	X					X		X	X	X	X	X	May contain sulphites
Mac & Cheese		X				X		X		X			
Steak & Fries	X	X				X		X					May contain soy
Tomato Pasta						X		X		X			May contain sulphites
Steak & Veggies		X							X	X			
Lil' Mikeburger & Fries or Veggies	X	X		X	X	X		X	X	X		X	May contain tree nuts & sesame
Ice Cream			X	X		X		X	X	X	X		May contain peanuts, tree nuts, soy, wheat, eggs
Kids Sundae			X			X		X	X	X	X		May contain peanuts, soy, wheat, eggs
Brunch (At Participating Locations)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Berry Special Waffle						X		X	X	X			
Cheeky Monkey			X	X		X		X	X	X			May contain peanuts
Breakfast Mike	X					X		X	X	X		X	

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Saskatchewan Breakfast Bowl	X					X		X	X	X	X		
Peameal Bacon and Egger	X				X	X		X	X	X			May contain sesame seeds and soy
March Break in Cabo					X			X	X	X	X		May contain soy and sulphites
Classic Eggs Benedict	X				X	X		X	X	X			May contain sesame seeds and soy
Avocado Benedict	X				X	X		X	X	X			May contain sesame seeds and soy
Sirloin Steak and Eggs	X	X						X	X				
Ultimate Breakfast Platter	X				X	X		X	X	X	X		May contain sesame seeds
Kids Brunch	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Kids Breakfast Platter	X							X	X	X			
Plain Waffle						X		X	X	X			
Dessert	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Uber Brownie			X	X		X		X	X	X	X		May contain traces of peanuts
New York Cheesecake			X	X		X		X	X	X			May contain peanuts
Rocky Mountain Madness			X	X		X		X	X	X			May contain traces of peanuts
Sticky Toffee Pudding Cake			X	X		X		X	X	X	X		May contain traces of peanuts & tree nuts

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