

| Start and Share | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
|-------------------------------|------------|----------------------|---------|-----------|--------|-----|---------|-------|------|------|-----------|---------|--|
| Crackling Sirloin Steak Bites | X | | | | | X | | X | | X | X | X | |
| Hot Lobster Dunk | X | | | | | X | X | X | X | X | X | X | |
| Breaded Pickles | X | | | | | X | | X | X | X | X | X | |
| Crispy Panko Shrimp | X | | | | | X | X | X | X | | X | | May contain traces of sulphites |
| Sweet Heat Panko Shrimp | X | | | | | X | X | X | X | | X | | |
| Poutine | X | | | | X | X | | X | | X | X | X | May contain sesame, mustard |
| Shrimp Stuffed Shrooms | | X | | | | X | X | X | | X | X | | |
| Mikes Spin Dip | X | | X | X | X | X | X | X | X | X | X | X | May contain soy, seafood, peanuts , tree nuts egg, mustard, sesame |
| Fresh Tomato Bruschetta | | | | | X | X | | X | X | X | | | May contain soy and sesame seeds |
| Honey Garlic Wings | X | | | | | X | | X | | | | | |
| Salt & Pepper Wings – no dip | X | | | | | X | | | | | | | |
| Sweet Heat Wings – no dip | X | | | | | X | | | | | | | |
| Hot Wings – no dip | X | | | | | X | | | | | | | |
| Chipotle Ranch – wing dip | | | | | | X | | | | X | | X | |
| Nashville Chicken Bites | X | | | | | X | | X | X | X | | X | |
| Yam Fries | X | | | | | | | | X | X | | X | |
| Lodge Chips | X | | | | | | | | X | X | | X | |

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| Salads | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
|------------------------------|------------|----------------------|---------|-----------|--------|-----|---------|-------|------|------|-----------|---------|--|
| Caesar Salad | | | | | | X | X | X | X | X | X | X | |
| BBQ Steak Salad | X | X | | | | X | | X | | X | X | X | May contain wheat |
| Cajun Chicken Cascadia Salad | | X | X | X | | X | | | | X | X | X | May contain traces of peanuts |
| Cascadia Salad | | | X | X | | X | | | | X | X | X | May contain traces of peanuts |
| Garden Salad | | | X | X | | X | | | | | X | | May contain peanuts & tree nuts |
| Grilled Chicken Caesar Salad | | X | | | | X | X | X | X | X | X | X | |
| Kickass Chicken Salad | X | X | X | X | | X | | | | X | X | X | May contain peanuts |
| Mikeburgers (burger only) | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Bacon Mikeburger | | X | | X | X | X | | X | X | X | X | X | May contain tree nuts, sesame, & sulphites |
| Bacon Mushroom Mikeburger | | X | | X | X | X | | X | X | X | X | X | May contain tree nuts, sesame, & sulphites |
| Classic Mikeburger | | X | | X | X | X | | X | X | X | X | X | May contain tree nuts, sesame, & sulphites |
| Mushroom Mikeburger | | X | | X | X | X | | X | X | X | X | X | May contain tree nuts, sesame, & sulphites |
| Lodgeburgers (burger only) | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Lodgeburgers | | X | | | X | X | | X | X | X | X | X | May contain sesame |
| All Canadian Lodgeburger | | X | | | X | X | | X | X | X | X | X | May contain sesame |
| BBQ Lodgeburger | | X | | | X | X | | X | X | X | X | X | May contain sesame |

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| Buns (sandwich only) | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
|--------------------------------|------------|----------------------|---------|-----------|--------|-----|---------|-------|------|------|-----------|---------|--|
| Mikes Steak Sandwich | | X | | X | X | X | | X | | X | | X | May contain tree nuts, sesame |
| Rib Eye Steak Dip | | X | | X | X | X | | X | X | X | X | | May contain tree nuts, sesame |
| Skookumchuck Chicken Burger | X | X | | X | X | X | | X | X | X | X | X | May contain tree nuts, sesame, & sulphites |
| Plant Power Burger | | X | | | X | X | | X | | | | | May contain sesame |
| Nashville Hot Chicken Sandwich | X | | | | X | X | | X | X | X | X | X | |
| Gluten Free Bun only plain | | X | | | | | | | X | | | | May contain sesame |
| Steaks & Protein (add sides) | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| 7 oz Sirloin | | X | | | | | | | | X | | | Steak with butter & seasoning. Does not include side or vegetable |
| 14 oz Rib Eye | | X | | | | | | | | X | | | Steak with butter & seasoning. Does not include side or vegetable |
| 8 oz New York | | X | | | | | | | | X | | | Steak with butter & seasoning. Does not include side or vegetable |
| 7 oz Filet Mignon | | X | | | | | | | | X | X | | Steak with butter & seasoning. Does not include side or vegetable. Includes bacon peppercorn sauce |
| Sides | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Traditional Steak Side | | | | | | | | | | X | | | Does not include vegetable |
| Gaucha Steak Side | X | | | | | | | X | | X | X | | Does not include vegetable |
| Keto Steak Side | | | | | | | | | | X | | | Does not include vegetable |
| Cheesy Garlic Bread | | | | X | X | X | | X | | X | | | May contain tree nuts, sesame |
| Baked Potato (loaded) | | | | | | | | | | X | | | |
| Baked Potato (plain) | | | | | | | | | | | | | |
| Chimichurri | | | | | | | | | | | X | | |

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|------------------------------------|-------------------|-----------------------------|----------------|------------------|---------------|------------|----------------|--------------|-------------|-------------|------------------|----------------|-----------------------------------|
| Double Stuffed Baked Potato | | | | | | | | | | X | | | |
| Fries | X | | | | | X | | X | | | | | May contain soy |
| Garlic Toast | | X | | X | X | X | | X | | X | X | X | May contain tree nuts, sesame |
| Gravy | | | | | | X | | X | | | | | |
| Onion Rings | X | | | | | | | X | | X | | | |
| Roasted Garlic Mashed Potatoes | | | | | | | | | | X | | | |
| Yam Fries | X | | | | | | | | X | X | | X | |
| Steak Toppers | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Cheesy Lobster Mac | | | | X | | X | X | X | X | X | X | | May contain tree nuts & sulphites |
| Garlic Parmesan Fries | X | | | | | | | X | | X | | | |
| Oscar's Lobster and Seafood Topper | | | | | | X | X | X | X | X | X | | May contain sulphites |
| Panko Shrimp | X | | | | | X | X | X | X | | X | | |
| Peppercorn Mushroom Sauce | | | | | | X | | | | X | X | X | |
| Garlic Sautéed Mushrooms | | | | | | X | | | | X | X | X | |
| Add Lobster Tail | | | | | | | X | | | X | X | | |
| Add Prawns | | | | | | | X | | | X | | | |
| Smuggler's Cove Topper | | | | | | | X | | | X | X | | |
| Mains | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Oscar's Sirloin Lobster | X | X | | | | X | X | X | X | X | X | | May contain sulphites |
| Shrimpin' Sirloin | X | X | | | | X | X | X | X | X | X | | May contain sulphites |

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| | | | | | | | | | | | | | |
|--|-------------------|-----------------------------|----------------|------------------|---------------|------------|----------------|--------------|-------------|-------------|------------------|----------------|--|
| Shrimpin' Sirloin Sweet Heat | X | X | | | | X | X | X | X | X | X | | May contain sulphites |
| Sirloin & Lobster Mac | X | X | | X | | X | X | X | X | X | X | | May contain tree nuts and sulphites |
| Smuggler's Cove Sirloin | X | X | | | | X | X | X | | X | X | | |
| Bugaboo Ribs | X | X | | X | X | X | | X | X | X | X | X | May contain tree nuts and sesame |
| Chicken and Bugaboo Ribs | X | X | | X | X | X | | X | X | X | X | X | May contain tree nuts and sesame |
| Smuggler's Cove Chicken | | X | | | | X | X | | | X | X | | Does not include side vegetable |
| Oven Roasted Salmon | | | | | | X | X | | X | | | X | Does not include side vegetable |
| Pasta & Bowls | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Mac n Cheese | | | | X | | X | | X | X | X | X | | May contain tree nuts & sulphites |
| Mac n Cheese add Bacon | | | | X | | X | | X | X | X | X | | May contain tree nuts & sulphites |
| Mac n Cheese add Cajun Chicken | | X | | X | | X | | X | X | X | X | | May contain tree nuts & sulphites |
| Mac n Cheese add Lobster and Seafood | | | | X | | X | X | X | X | X | X | | May contain tree nuts & sulphites |
| Cajun Chicken Fettuccine | | | | | | X | | X | X | X | X | | May contain eggs |
| Cajun Chicken Fettuccine Lunch Size with Salad | | | X | X | | | | X | X | X | X | X | May contain eggs, peanuts & tree nuts |
| China Town Stir Fry - Chicken | | | | | X | X | | X | X | | X | | |
| Chinatown Stir Fry - Prawn | | | | | X | X | X | X | X | | X | | |
| Chinatown Stir Fry - Sirloin | | | | | X | X | | X | X | | X | | |
| Peppercorn Sirloin Pasta | | | | X | | X | | X | | X | X | X | May contain tree nuts |
| Seafeast Fettuccine | | | X | X | | X | X | X | X | X | X | | May contain tree nuts & peanuts |
| Ahi Tuna Poke Bowl | | | | | X | X | X | X | | | X | X | |
| Butter Chicken Bowl with Sautéed Chicken | | | X | X | X | X | | X | X | X | X | X | May contain traces of peanuts, tree nuts, eggs, soy & sesame |
| Crispy Butter Chicken Bowl | X | | | | X | X | | X | X | X | X | X | |

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| | | | | | | | | | | | | | Please confirm with server based on selection of the day |
|------------------------------------|------------|----------------------|---------|-----------|--------|-----|---------|-------|------|------|-----------|---------|--|
| Soup of Today | | | | | | | | | | | | | |
| French Onion Soup | | | | | | | | | | | | | May contain traces of sesame, egg |
| Casual Favourites | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Crispy Panko Shrimp Tacos | X | X | X | X | | X | X | X | X | | X | X | May contain traces of peanuts & tree nuts |
| Grilled Chicken Tacos | X | X | X | X | X | | | X | X | X | X | | May contain traces of peanuts, sesame & tree nuts |
| Crispy Chicken Tacos | X | X | X | X | | X | | X | X | X | X | X | May contain traces of peanuts & tree nuts |
| Fish and Chips | X | | | | | X | X | X | X | X | X | X | |
| Grilled Chicken Quesadilla | | X | X | X | | X | | X | | X | X | | May contain traces of peanuts & tree nuts |
| Tenders and Fries | X | | | | | X | | X | X | X | X | X | May contain egg, sulphites & mustard |
| Kids Meals | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Cheese Quesadilla w/ fries | X | X | | | | X | | X | | X | X | | May contain soy & sulphites |
| Cheese Quesadilla w/ veggies | | X | | | | X | | X | X | X | X | X | May contain soy & sulphites |
| Chicken Tenders & Fries | X | | | | | X | | X | X | X | X | X | May contain egg, sulphites & mustard |
| Chicken Tenders & Veggies | X | | | | | X | | X | X | X | X | X | May contain sulphites |
| Mac & Cheese | | X | | | | X | | X | | X | | | |
| Steak & Fries | X | X | | | | X | | X | | | | | May contain soy |
| Tomato Pasta | | | | | | X | | X | | X | | | May contain sulphites |
| Steak & Veggies | | X | | | | | | | X | X | | | |
| Lil' Mikeburger & Fries or Veggies | X | X | | X | X | X | | X | X | X | | X | May contain tree nuts & sesame |
| Ice Cream | | | X | X | | X | | X | X | X | X | | May contain peanuts, tree nuts, soy, wheat, eggs |
| Kids Sundae | | | X | | | X | | X | X | X | X | | May contain peanuts, soy, wheat, eggs |

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| Brunch (At Participating Locations) | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
|-------------------------------------|------------|----------------------|---------|-----------|--------|-----|---------|-------|------|------|-----------|---------|---|
| Berry Special Waffle | | | | | | X | | X | X | X | | | |
| Cheeky Monkey | | | X | X | | X | | X | X | X | | | May contain peanuts |
| Breakfast Mike | X | | | | | X | | X | X | X | | X | |
| Saskatchewan Breakfast Bowl | X | | | | | X | | X | X | X | X | | |
| Peameal Bacon and Egger | X | | | | X | X | | X | X | X | | | May contain sesame seeds and soy |
| March Break in Cabo | | | | | | X | | X | X | X | X | | May contain soy and sulphites |
| Classic Eggs Benedict | X | | | | X | X | | X | X | X | | | May contain sesame seeds and soy |
| Avocado Benedict | X | | | | X | X | | X | X | X | | | May contain sesame seeds and soy |
| Sirloin Steak and Eggs | X | X | | | | | | X | X | | | | |
| Ultimate Breakfast Platter | X | | | | X | X | | X | X | X | X | | May contain sesame seeds |
| Kids Brunch | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Kids Breakfast Platter | X | | | | | | | X | X | X | | | |
| Plain Waffle | | | | | | X | | X | X | X | | | |
| Dessert | Deep Fried | Cooked Broiler/Grill | Peanuts | Tree Nuts | Sesame | Soy | Seafood | Wheat | Eggs | Milk | Sulphites | Mustard | Comments |
| Uber Brownie | | | X | X | | X | | X | X | X | X | | May contain traces of peanuts |
| New York Cheesecake | | | X | X | | X | | X | X | X | | | May contain peanuts |
| Rocky Mountain Madness | | | X | X | | X | | X | X | X | | | May contain traces of peanuts |
| Sticky Toffee Pudding Cake | | | X | X | | X | | X | X | X | X | | May contain traces of peanuts & tree nuts |

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