

Start and Share	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Crackling Sirloin Steak Bites	X					X		X		X	X	X	
Hot Lobster Dunk	X					X	X	X	X	X	X	X	
Breaded Pickles	X					X		X	X	X	X	X	
Crispy Panko Shrimp	X					X	X	X	X		X		May contain traces of sulphites
Sweet Heat Panko Shrimp	X					X	X	X	X		X		
Poutine	X				X	X		X		X	X	X	May contain seasame, mustard
Shrimp Stuffed Shrooms		X				X	X	X		X	X		
Mikes Spin Dip	X		X	X	X	X	X	X	X	X	X	X	May contain soy, seafood, peanuts , tree nuts egg, mustard, sesame
Fresh Tomato Bruschetta					X	X		X	X	X			May contain soy and sesame seeds
Honey Garlic Wings	X					X		X					
Salt & Pepper Wings – no dip	X					X							
Sweet Heat Wings – no dip	X					X							
Hot Wings – no dip	X					X							
Chipotle Ranch – wing dip						X				X		X	
Nashville Chicken Bites	X					X		X	X	X		X	
Yam Fries	X								X	X		X	
Lodge Chips	X								X		X	X	

Salads	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Caesar Salad						X	X	X	X	X	X	X	
BBQ Steak Salad	X	X				X		X		X	X	X	May contain wheat
Cajun Chicken Cascadia Salad		X	X	X		X				X	X	X	May contain traces of peanuts
Cascadia Salad			X	X		X				X	X	X	May contain traces of peanuts
Garden Salad			X	X		X					X		May contain peanuts & tree nuts
Grilled Chicken Caesar Salad		X				X	X	X	X	X	X	X	
Kickass Chicken Salad	X	X	X	X		X				X	X	X	May contain peanuts
Mikeburgers (burger only)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Bacon Mikeburger		X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Bacon Mushroom Mikeburger		X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Classic Mikeburger		X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Mushroom Mikeburger		X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Lodgeburgers (burger only)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Lodgeburgers		X			X	X		X	X	X	X	X	May contain sesame
All Canadian Lodgeburger		X			X	X		X	X	X	X	X	May contain sesame
BBQ Lodgeburger		X			X	X		X	X	X	X	X	May contain sesame

Buns (sandwich only)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Mikes Steak Sandwich		X		X	X	X		X		X		X	May contain tree nuts, sesame
Rib Eye Steak Dip		X		X	X	X		X	X	X	X		May contain tree nuts, sesame
Skookumchuck Chicken Burger	X	X		X	X	X		X	X	X	X	X	May contain tree nuts, sesame, & sulphites
Plant Power Burger		X			X	X		X					May contain sesame
Nashville Hot Chicken Sandwich	X				X	X		X	X	X	X	X	
Gluten Free Bun only plain		X							X				May contain sesame
Steaks & Protein (add sides)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
7 oz Sirloin		X								X			Steak with butter & seasoning. Does not include side or vegetable
14 oz Rib Eye		X								X			Steak with butter & seasoning. Does not include side or vegetable
8 oz New York		X								X			Steak with butter & seasoning. Does not include side or vegetable
7 oz Filet Mignon		X								X	X		Steak with butter & seasoning. Does not include side or vegetable. Includes bacon peppercorn sauce
Sides	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Traditional Steak Side										X			Does not include vegetable
Gaucha Steak Side	X							X		X	X		Does not include vegetable
Keto Steak Side										X			Does not include vegetable
Cheesy Garlic Bread				X	X	X		X		X			May contain tree nuts, sesame
Baked Potato (loaded)										X			
Baked Potato (plain)													
Chimichurri											X		

Double Stuffed Baked Potato										X			
Fries	X					X		X					May contain soy
Garlic Toast		X		X	X	X		X		X	X	X	May contain tree nuts, sesame
Gravy						X		X					
Onion Rings	X							X		X			
Roasted Garlic Mashed Potatoes										X			
Yam Fries	X								X	X		X	
Steak Toppers	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Cheesy Lobster Mac				X		X	X	X	X	X	X		May contain tree nuts & sulphites
Garlic Parmesan Fries	X							X		X			
Oscar's Lobster and Seafood Topper						X	X	X	X	X	X		May contain sulphites
Panko Shrimp	X					X	X	X	X		X		
Peppercorn Mushroom Sauce						X				X	X	X	
Garlic Sautéed Mushrooms						X				X	X	X	
Add Lobster Tail							X			X	X		
Add Prawns							X			X			
Smuggler's Cove Topper							X			X	X		
Mains	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Oscar's Sirloin Lobster	X	X				X	X	X	X	X	X		May contain sulphites
Shrimpin' Sirloin	X	X				X	X	X	X	X	X		May contain sulphites

Shrimpin' Sirloin Sweet Heat	X	X				X	X	X	X	X	X		May contain sulphites
Sirloin & Lobster Mac	X	X		X		X	X	X	X	X	X		May contain tree nuts and sulphites
Smuggler's Cove Sirloin	X	X				X	X	X		X	X		
Bugaboo Ribs	X	X		X	X	X		X	X	X	X	X	May contain tree nuts and sesame
Chicken and Bugaboo Ribs	X	X		X	X	X		X	X	X	X	X	May contain tree nuts and sesame
Smuggler's Cove Chicken		X				X	X			X	X		Does not include side vegetable
Oven Roasted Salmon						X	X		X			X	Does not include side vegetable
Pasta & Bowls	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Mac n Cheese				X		X		X	X	X	X		May contain tree nuts & sulphites
Mac n Cheese add Bacon				X		X		X	X	X	X		May contain tree nuts & sulphites
Mac n Cheese add Cajun Chicken		X		X		X		X	X	X	X		May contain tree nuts & sulphites
Mac n Cheese add Lobster and Seafood				X		X	X	X	X	X	X		May contain tree nuts & sulphites
Cajun Chicken Fettuccine						X		X	X	X	X		May contain eggs
Cajun Chicken Fettuccine Lunch Size with Salad			X	X				X	X	X	X	X	May contain eggs, peanuts & tree nuts
China Town Stir Fry - Chicken					X	X		X	X		X		
Chinatown Stir Fry - Prawn					X	X	X	X	X		X		
Chinatown Stir Fry - Sirloin					X	X		X	X		X		
Peppercorn Sirloin Pasta				X		X		X		X	X	X	May contain tree nuts
Seafeast Fettuccine			X	X		X	X	X	X	X	X		May contain tree nuts & peanuts
Ahi Tuna Poke Bowl					X	X	X	X			X	X	
Butter Chicken Bowl with Sautéed Chicken			X	X	X	X		X	X	X	X	X	May contain traces of peanuts, tree nuts, eggs, soy & sesame
Crispy Butter Chicken Bowl	X				X	X		X	X	X	X	X	

Please note: Recipes & Ingredients are subject to change. All deep fried or grilled products may contain one or all of the 10 allergens recognized in Canada (peanuts, tree nuts, sesame, soy, seafood, wheat, eggs, milk, sulphites & mustard) as the fryer oil can be a source of cross-contamination of allergens.
Items with allergens labelled "X" may have come in contact with these items during manufacturing or during the cooking process and cannot be guaranteed to be free of allergens.

Soup of Today													Please confirm with server based on selection of the day
French Onion Soup					X	X		X	X	X			May contain traces of sesame, egg
Casual Favourites	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Crispy Panko Shrimp Tacos	X	X	X	X		X	X	X	X		X	X	May contain traces of peanuts & tree nuts
Grilled Chicken Tacos	X	X	X	X	X			X	X	X	X		May contain traces of peanuts, sesame & tree nuts
Crispy Chicken Tacos	X	X	X	X		X		X	X	X	X	X	May contain traces of peanuts & tree nuts
Fish and Chips	X					X	X	X	X	X	X	X	
Grilled Chicken Quesadilla		X	X	X		X		X		X	X		May contain traces of peanuts & tree nuts
Tenders and Fries	X					X		X	X	X	X	X	May contain egg, sulphites & mustard
Kids Meals	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Cheese Quesadilla w/ fries	X	X				X		X		X	X		May contain soy & sulphites
Cheese Quesadilla w/ veggies		X				X		X	X	X	X	X	May contain soy & sulphites
Chicken Tenders & Fries	X					X		X	X	X	X	X	May contain egg, sulphites & mustard
Chicken Tenders & Veggies	X					X		X	X	X	X	X	May contain sulphites
Mac & Cheese		X				X		X		X			
Steak & Fries	X	X				X		X					May contain soy
Tomato Pasta						X		X		X			May contain sulphites
Steak & Veggies		X							X	X			
Lil' Mikeburger & Fries or Veggies	X	X		X	X	X		X	X	X		X	May contain tree nuts & sesame
Ice Cream			X	X		X		X	X	X	X		May contain peanuts, tree nuts, soy, wheat, eggs
Kids Sundae			X			X		X	X	X	X		May contain peanuts, soy, wheat, eggs

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Brunch (At Participating Locations)	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Berry Special Waffle						X		X	X	X			
Cheeky Monkey			X	X		X		X	X	X			May contain peanuts
Breakfast Mike	X					X		X	X	X		X	
Saskatchewan Breakfast Bowl	X					X		X	X	X	X		
Peameal Bacon and Egger	X				X	X		X	X	X			May contain sesame seeds and soy
March Break in Cabo						X		X	X	X	X		May contain soy and sulphites
Classic Eggs Benedict	X				X	X		X	X	X			May contain sesame seeds and soy
Avocado Benedict	X				X	X		X	X	X			May contain sesame seeds and soy
Sirloin Steak and Eggs	X	X						X	X				
Ultimate Breakfast Platter	X				X	X		X	X	X	X		May contain sesame seeds
Kids Brunch	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Kids Breakfast Platter	X							X	X	X			
Plain Waffle						X		X	X	X			
Dessert	Deep Fried	Cooked Broiler/Grill	Peanuts	Tree Nuts	Sesame	Soy	Seafood	Wheat	Eggs	Milk	Sulphites	Mustard	Comments
Uber Brownie			X	X		X		X	X	X	X		May contain traces of peanuts
New York Cheesecake			X	X		X		X	X	X			May contain peanuts
Rocky Mountain Madness			X	X		X		X	X	X			May contain traces of peanuts
Sticky Toffee Pudding Cake			X	X		X		X	X	X	X		May contain traces of peanuts & tree nuts